



The Clinical TMS Society

Insurance Committee Meeting Minutes

Date: 8-12-25

Time: 8:00pm ET, 5:00 pm PT

Via Zoom

"Members are reminded to disclose any changes in Conflict of Interest (COI) information since the most recent disclosure and follow all COI policies."

Insurance Committee Roll Call | Attended ☒ | Did Not Attend ☐

Co-Chair	Carlene MacMillan, MD, FCTMSS	<input checked="" type="checkbox"/>	Co-Chair	Rachelle Lahn, CRA, BS, MBA	<input checked="" type="checkbox"/>
Member	Rich Bermudes, MD, FCTMSS	<input checked="" type="checkbox"/>	Member	Kelli Cefalu, MS	<input checked="" type="checkbox"/>
Member	Mohini Dewkinandan, MBA	<input checked="" type="checkbox"/>	Member	Alexa Hall, MD	<input checked="" type="checkbox"/>
Member	Sam Huber, MD, MS, FCTMSS	<input checked="" type="checkbox"/>	Member	Todd Hutton, MD, DLFAPA, FCTMSS	<input type="checkbox"/>
Member	Kevin Kinback, MD, FCTMSS	<input type="checkbox"/>	Member	Jonathan Murray	<input checked="" type="checkbox"/>
Member	Sarah Parsons, DO	<input checked="" type="checkbox"/>	Member	Tapusi Patel	<input checked="" type="checkbox"/>
Member	Christina Sherman	<input checked="" type="checkbox"/>	Member	Baron Short, MD	<input checked="" type="checkbox"/>
Member	Charles Weber, DO, FASAM, FCTMSS	<input type="checkbox"/>			
President	Josh Brown, MD, PhD	<input type="checkbox"/>	President-Elect/VP	Tracy Barbour, MD	<input type="checkbox"/>
Non-voting Member	Ben Hunter, MD	<input type="checkbox"/>	Non-voting Member	Martha B. Koo, MD, FASAM, FCTMSS, LFAPA	<input checked="" type="checkbox"/>

Guests & Staff

Staff: None

I. Meeting called to order at 8:03pm (ET)

A quorum was confirmed, and no new disclosures were reported.

II. Reviewed & Approved Meeting Minutes – The committee reviewed the minutes. There was a motion to approve July 8, 2025 minutes, Seconded, Approved. (Attachment #1)

III. Unfinished Business:

- A. Database of policy reviews and new process –
<https://docs.google.com/spreadsheets/d/1BbIY0XRVRqXPKIFdM3CG-kJbt3rLKJxS/edit?gid=783493494#gid=783493494>

Committee members are encouraged to continuously update the 2025 Insurance Meeting Calendar.

- B. Insurance Committee Quarterly Update – The committee acknowledged the need to send a quarterly update via email blast, especially considering recent survey results. The content will be developed further at the next meeting.

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- C. Insurance Coverage for Teen TMS – The committee reviewed proposed revisions to the CTMSS coverage guidance, particularly the addition of adolescent depression treatment language. The additions included FDA clearance information, expanded inclusive language, and clarification on criteria such as failed trials of medications or psychotherapy.

There was extensive debate about whether references should remain device-specific or be made device-agnostic. The consensus was to make the policy brand-neutral, referencing FDA clearance for treatment rather than specific devices.

Members also clarified the distinction between TMS as adjunctive therapy versus monotherapy for adolescents. The committee agreed to structure the policy so TMS could be prescribed adjunctively with medication or psychotherapy, or as monotherapy for patients who had failed prior treatments. New research references were agreed to be added.

The committee approved a motion to adopt the revisions, contingent on edits, and to forward the updated policy to the Executive Committee for final review.

The committee reviewed and approved the updated Coverage Guidance for TMS for Major Depressive Disorder, Seconded, Approved.

ACTION – Revise the MDD policy from committee discussion and feedback including brand neutrality, inclusion of trial references, and clarified adjunctive/monotherapy criteria. (Christina Sherman)

ACTION – Add the revised MDD policy to the Executive Committee agenda. (Executive Office)

IV. Task Force Updates:

- A. Adolescent Task Force – Focused on adolescent coverage policy revisions as detailed above.
- B. Accelerated Task Force – Assisted with reviewing the CPT code proposals as detailed below.
- C. Medicaid Task Force – No specific updates mentioned.

V. New Business:

- A. CPT Editorial Panel Proposals and Coding Changes – The committee discussed a time-sensitive issue: upcoming AMA CPT Editorial Panel proposals (Tabs 55, 82, and 93).

Summarized proposed revisions:

- Tab 55: Deletion of current TMS codes (90867–90869) and replacement with new time-based Category I codes, ranging from 3 to 100 minutes per day, plus a new Category III neuro-navigation code.
- Tab 82: Creation of a Category III code for one-day full TMS courses (20 sessions in a day).
- Tab 93: Introduction of AI-augmented TMS codes, based on EEG/ECG targeting.

Background summary: The AMA has been pressuring a revaluation of TMS codes for years, and the committee could no longer delay. It was emphasized that while reimbursement values will decrease, the aim is to modernize coding to reflect current TMS practices, including accelerated protocols.

Discussion centered on potential impacts and risks:

- Concerns that time-based coding may not adequately reflect the intensity, risk, and physician work involved in accelerated protocols.
- Fear that reimbursement parity could discourage advanced treatments (e.g., SAINT, AMPA, OCD protocols).
- Recognition that the system may incentivize clinics to favor longer, simpler sessions over more complex accelerated care.
- Debate about whether intersession monitoring time and physician work should be accounted for in codes, like Spravato monitoring.

While no final position was taken, committee members agreed that:

- Individual and organizational comments should be submitted to AMA by September 2, 2025. <https://www.ama-assn.org/practice-management/cpt/cpt-editorial-panel-meeting-interested-party>
- The committee will reconvene after the September AMA meeting to reassess next steps.
- The group should avoid alarming the broader CTMSS membership until it is clearer whether proposals move forward for 2026 implementation.



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ACTION – Committee members are encouraged to register as interested parties and submit comments on CPT proposals by September 2nd. <https://www.ama-assn.org/practice-management/cpt/cpt-editorial-panel-meeting-interested-party>

ACTION – Monitor AMA developments and communicate updates to the committee. (Carlene MacMillan and Sarah Parsons)

- B. Insurance Coverage Poll – Due to time constraints, this agenda item was not discussed.
- C. Grand Rounds Recap – Due to time constraints, this agenda item was not discussed.

VI. Next Meeting: Tuesday, September 9, 2025 @ 8pm ET / 7pm CT / 5pm PT

VII. Meeting adjourned – 9:02pm ET