



The Clinical TMS Society

Insurance Committee Meeting Minutes

Date: 7-9-24

Time: 8:00pm EDT, 5:00 pm PDT

Via Zoom

"Members are reminded to disclose any changes in Conflict of Interest (COI) information since the most recent disclosure and follow all COI policies"

Insurance Committee Roll Call | Attended ☒ | Did Not Attend ☐

Co-Chair	Carlene MacMillan, MD, FCTMSS	<input checked="" type="checkbox"/>	Co-Chair	Rachelle Lahn, CRA, BS, MBA	<input checked="" type="checkbox"/>
Member	Rich Bermudes, MD, FCTMSS	<input checked="" type="checkbox"/>	Member	Mohini Dewkinandan, MBA	<input checked="" type="checkbox"/>
Member	Ben Hunter, MD	<input checked="" type="checkbox"/>	Member	Todd Hutton, MD, DLFAPA, FCTMSS	<input type="checkbox"/>
Member	Kevin Kinback, MD, FCTMSS	<input checked="" type="checkbox"/>	Member	Sarah Parsons, DO	<input checked="" type="checkbox"/>
Member	Christina Sherman	<input checked="" type="checkbox"/>	Member	Baron Short, MD	<input checked="" type="checkbox"/>
Member	Leslie Stephens, MPH	<input checked="" type="checkbox"/>	Member	Aron Tendler, MD	<input type="checkbox"/>
Member	Charles Weber, DO	<input checked="" type="checkbox"/>			
President	Martha B. Koo, MD, DFAPA, FCTMSS	<input checked="" type="checkbox"/>	President-Elect/VP	Joshua C. Brown, MD, PhD	<input checked="" type="checkbox"/>

Guests & Staff

Moderator: Carlene MacMillan, MD, FCTMSS

Staff: Kami Risk

I. Meeting called to order at 8:05pm (EDT)

- A. Shelly Lahn was introduced to the committee as a new co-chair and new members were welcomed to the committee.

II. Review Meeting Minutes:

- A. May minutes were reviewed and approved with the clarification of an action item to focus on drafting a letter for extending TMS coverage as a member resource, and not addressing TN Mental Health Parity Act specifically.

III. Unfinished Business: Tabled until the next meeting

- A. Database of policy reviews and new process – <https://docs.google.com/spreadsheets/d/1Bbly0XRVRqXPKIFdM3CG-kJbt3rLKJxS/edit?gid=783493494#gid=783493494> – The committee will discuss updates on the following:
1. ACTION – Provide update on CMS response and discuss next steps (Carlene MacMillan)
- B. Aetna Update (Carlene MacMillan)
- C. Resources for Adolescent TMS for members (Carlene MacMillan)
- D. Draft a letter for extending TMS coverage as a member resource (Rich Bermudes)
- E. SAINT commercialization – continue to discuss the topic and how to rebel it with specific terminology.



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IV. New Business:

- A. The committee reviewed and discussed the goals for the next year:
 1. Develop and deploy resources for CTMSS members and for the Insurance Committee to advocate for payer coverage of TMS for Adolescents.
 - a. **Form Adolescent Task Force**
 - b. Publication of an Ideal Coverage Policy for Adolescents for use when interacting with payers.
 - c. Monitor and report to members on new developments in payer coverage of adolescents.
 - d. Include adolescent coverage in our talk tracks when meeting with payers and have at least one (1) meeting per quarter with major payers that include this request.
 - e. Committee discussion note: Task Force is open to other device manufacturers and it's not limited to Neurostar.
 2. Increase payer coverage of Accelerated TMS.
 - a. **Form Accelerated TMS Task Force**
 - b. Education members via Grand Rounds Webinar on coding changes effective July 1 impacting the reimbursement of Accelerated TMS (MUE increase by one (1) and new Cat III codes) and develop a way for members to report back on impact of these changes with various payers.
 - c. Work with CMS on both MUE increase beyond two (2) to as many as we can get and on the Column 1/Column 2 NCCI Edits to allow combinations such as 90867/90868 and 90869/90868 on the same day.
 - d. The Accelerated Task Force will work with industry stakeholders as needed regarding meetings with payers, advocacy efforts, and resource development.
 - e. Committee discussion note: Consider opening it up to those doing Accelerated TMS without navigation and broadening in other areas too.
 3. Strategically work with commercial and government payers, external stakeholders, the APA, and the AMA to increase access to fairly reimbursed TMS in accordance with parity laws.
 - a. **Form Medicaid Task Force specifically to increase the number of states allowing access to TMS to patients with managed and unmanaged Medicaid plans**
 - b. Main committee will continue its efforts to track upcoming policy review dates and conduct meetings with key decision makers/champions at the payers to improve TMS coverage policies. Different members are assigned various payers. This also includes assisting non-committee CTMSS members who are arranging meetings with payers at their state level (e.g. John Hendleman

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- meeting with Intermountain in Utah).
 - c. Have lawyer come as guest to an upcoming monthly meeting who has expertise in mental health parity, ERISA, and class action lawsuits.
 - d. Host Grand Rounds Webinar (potentially in conjunction with FACTMS) on Patient Advocacy, Parity laws, and current legal issues impacting TMS coverage.
 - e. Work with the APA Committee on RBRVs, Codes, and Reimbursements to ensure the TMS Society's members' best interests are represented by the APA as the CPT landscape for TMS evolves.
 - 4. Seek out opportunities to contribute to non-US groups regarding reimbursements.
 - a. Consider rolling this goal in to 3b. goal above.

The committee motioned and approved to move forward with the three Task Forces listed above.

- B. The committee discussed the members needed for the three task forces:
 - 1. Accelerated Task Force
 - a. Members (confirmed) – Baron Short, Chuck Weber, Carlene MacMillan, Leslie Stephens
 - b. The committee co-chairs will work on inviting non-committee members to join the task force as well, which may include Michelle Cochran, Cindy Elkins, Nick Trapp, Laura Dunn (University of Arkansas), David Carreon, Nolan Williams, and Brandon Bentzley.
 - c. The committee also discussed the most immediate need is figuring out what's going out to members regarding the new category 3 codes and MUE educational need.
 - d. **Action –** Leslie to identify and invite physician from Kaizen to join the task force.
 - 2. Adolescent Task Force
 - a. Members (confirmed) – Christina Sherman, Mohini Dewkinandan, Carlene MacMillan, and Ben Hunter
 - b. The committee co-chairs will work on inviting non-committee members to join the task force as well, which may include Paul Croarkin and Roger Pottanat.
 - 3. Medicaid Task Force
 - a. Members (confirmed) – Shelly Lahn, Mohini Dewkinandan, Sarah Parsons, Rich Bermudes, and Christina Sherman
 - b. The committee co-chairs will work on inviting non-committee members to join the task force as well, which may include Grant Brenner, Connor Pardell, Logan Pardell, Tara Lemens, Danielle Lutzke, and Owen Muir.



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Action – Carlene and Shelly to email committee members who were not present about joining task forces and reaching out to identified individuals who are not committee members about serving on the task forces.

- C. New Technology APC for SAINT – Leslie discussed the delay in the proposed rule for hospital outpatient and the assignment of new category 3 CPT codes and Tech APC codes. She proposed that CTMSS members combine their comments into one and she offered to assist in drafting a letter. The commentary period will expire 60 days after the proposal is published.
- D. The committee discussed an APA survey (<https://survey.alchemer.com/s3/7919932/TMS-Survey>) which seeks to better understand the variations in TMS practices across the US to advocate for appropriate coding and valuation. Insurance Committee Members were encouraged to read and respond to the survey.
- E. Sarah Parsons confirmed to present on APA Updates on TMS Reimbursement at the next meeting.

Action – Ensure topic remains on the agenda for the August meeting. (Kami Risk)

V. Next Meeting: Tuesday, August 13, 2024 @ 8pm EDT / 7pm CDT / 5pm PDT

VI. Meeting adjourned – 9:14pm (EDT)