



# The Clinical TMS Society

Insurance Committee Meeting Minutes

Date: 3-11-25

Time: 8:00pm ET, 5:00 pm PT

Via Zoom

*"Members are reminded to disclose any changes in Conflict of Interest (COI) information since the most recent disclosure and follow all COI policies."*

**Insurance Committee Roll Call** | Attended ☒ | Did Not Attend ☐

|           |                                  |                                     |                    |                                 |                                     |
|-----------|----------------------------------|-------------------------------------|--------------------|---------------------------------|-------------------------------------|
| Co-Chair  | Carlene MacMillan, MD, FCTMSS    | <input checked="" type="checkbox"/> | Co-Chair           | Rachelle Lahn, CRA, BS, MBA     | <input checked="" type="checkbox"/> |
| Member    | Rich Bermudes, MD, FCTMSS        | <input checked="" type="checkbox"/> | Member             | Mohini Dewkinandan, MBA         | <input checked="" type="checkbox"/> |
| Member    | Ben Hunter, MD                   | <input checked="" type="checkbox"/> | Member             | Todd Hutton, MD, DLFAPA, FCTMSS | <input type="checkbox"/>            |
| Member    | Kevin Kinback, MD, FCTMSS        | <input checked="" type="checkbox"/> | Member             | Sarah Parsons, DO               | <input checked="" type="checkbox"/> |
| Member    | Christina Sherman                | <input checked="" type="checkbox"/> | Member             | Baron Short, MD                 | <input checked="" type="checkbox"/> |
| Member    | Leslie Stephens, MPH             | <input checked="" type="checkbox"/> | Member             | Aron Tendler, MD                | <input type="checkbox"/>            |
| Member    | Charles Weber, DO                | <input type="checkbox"/>            |                    |                                 |                                     |
| President | Martha B. Koo, MD, DFAPA, FCTMSS | <input checked="" type="checkbox"/> | President-Elect/VP | Joshua C. Brown, MD, PhD        | <input type="checkbox"/>            |

## Guests & Staff

Moderator: Carlene MacMillan, MD, FCTMSS

Staff: Kami Risk

### I. Meeting called to order at 8:05pm (ET)

### II. Reviewed & Approved Meeting Minutes – The committee reviewed the minutes. There was a motion to approve the February minutes, Seconded, Approved. (Attachment #1)

### III. Unfinished Business:

- A. Database of policy reviews and new process –  
<https://docs.google.com/spreadsheets/d/1BbIY0XRVRqXPKIFdM3CG-kJbt3rLKJxS/edit?gid=783493494#gid=783493494>

Committee members are encouraged to continuously update the 2025 Insurance Meeting Calendar.

- B. NCCI PTP Program Request for Reconsideration Letter – Successfully submitted via email on March 6.
- C. Draft a letter for extending TMS coverage as a member resource – The letter is currently undergoing revisions and will be provided to the committee by the next meeting. The Executive Committee's primary feedback was to remove references to maintenance, make the letter more concise, and specify session counts in the request. Additionally, studies supporting continuation (rather than maintenance) will be included.

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**ACTION** – Finalize the letter with correct references and submit for EC review by the next meeting. (Shelly Lahn and Ben Hunter)

- D. New Technology APC for SAINT – No update was provided.
- E. New Anthem Policy Regarding 90869 and the collaboration with Clinical Standards Committee – No update was provided.
- F. July 1 Coding Changes: MUE change and how to communicate to members.
  - a. Insurance Committee Quarterly Update to Members – A quarterly email to members will include a link to the insurance updates form. The next release date is TBD, as the committee is waiting until there is sufficient information to share with the membership.
- G. Insurance Coverage for Teen TMS – No update was provided.

#### IV. Task Force Updates:

- A. Adolescent Task Force
  - i. Cigna review in progress.
  - ii. A new letter will be submitted before their 4/15 review.
  - iii. Ideal Coverage Policy to be developed specifically for adolescents.
  - iv. Committee discussed whether to merge or separate adult vs. adolescent policy guidance.

**ACTION** – Draft adolescent-specific Ideal Coverage Policy.

**ACTION** – Create a sample support letter for providers.

**ACTION** – Contact AACAP about updating outdated 2013 guidance. (Carlene)

- B. Accelerated Task Force –
  - i. Awaiting Medicare reimbursement rates for 2025.
  - ii. A pilot with BCBS is likely.
  - iii. Focus on private pay, particularly BCBS branches.

**ACTION** – Monitor pilot progress and Medicare developments.

- C. Medicaid Task Force – No update was provided.

**ACTION** – Restart meetings and coordinate with new interested applicants. (Shelly)

#### V. New Business:



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A. No new business was presented.

**VI. Next Meeting: Tuesday, April 8, 2025 @ 8pm ET / 7pm CT / 5pm PT and Wednesday, April 9, 2025 @ 1am BST / 10am AEST**

**VII. Meeting adjourned – 8:49pm (ET)**